

THE ULTIMATE FAMILY THEME PARK

Packing List



A practical checklist for easier theme park days with kids.

Theme park: _____

Date: _____

Weather forecast: _____

Opening hours: _____

You won't need everything on this list for every visit. Use the essential checklist, then add the seasonal and family extras that apply to your day.

BEFORE YOU LEAVE HOME

- ☐ Download or screenshot admission tickets
- ☐ Download the official theme park app
- ☐ Check park opening and closing times
- ☐ Check ride closures and planned maintenance
- ☐ Check ride height restrictions
- ☐ Check the weather forecast
- ☐ Reserve restaurants or experiences if required
- ☐ Arrange any accessibility support or passes if required
- ☐ Check parking arrangements and pre-book if cheaper
- ☐ Save the location of your car or take a photograph
- ☐ Charge phones, cameras and portable chargers
- ☐ Check the park's rules for food, drinks and bags
- ☐ Agree what children should do if anyone gets separated
- ☐ Take a photograph of young children on arrival so you know what they are wearing



CLOTHES AND COMFORT

- ☐ Lightweight extra layer
- ☐ Waterproof jacket or poncho
- ☐ Spare socks
- ☐ Spare clothes for children
- ☐ Comfortable shoes
- ☐ Hat
- ☐ Sunglasses
- ☐ Cross body bag

FOOD AND DRINK

- ☐ Refillable water bottles
- ☐ Familiar snacks
- ☐ Packed lunch, if permitted
- ☐ Treats for queues

HEALTH AND HYGIENE

- ☐ Essential medicines
- ☐ Plasters
- ☐ Wet wipes and tissues
- ☐ Hand sanitiser
- ☐ Sunscreen
- ☐ Lip balm

USEFUL THEME PARK EXTRAS

- ☐ Reusable shopping bag
- ☐ Resealable bags for snacks and small items
- ☐ Waterproof phone pouch
- ☐ Hair ties
- ☐ Autograph book and pen,
- ☐ Lanyard for passes, if useful
- ☐ Ear defenders for anyone sensitive to noise
- ☐ Small comfort item
- ☐ Simple activity for long queues

TICKETS AND TECHNOLOGY

- ☐ Admission tickets or passes
- ☐ Hotel or package confirmation
- ☐ Photo identification, if required
- ☐ Bank card and a small amount of cash
- ☐ Mobile phone
- ☐ Portable charger and charging cable
- ☐ Camera and spare battery, if using one
- ☐ Any required accessibility documents

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STAYING OVERNIGHT? ADD THIS LIST TO YOUR PLANS:

CLOTHES

- ☐ Outfit for the following day
- ☐ Underwear and socks
- ☐ Pyjamas
- ☐ Comfortable evening clothes
- ☐ Spare shoes
- ☐ Swimwear, if the hotel has a pool or water park
- ☐ Swimming towels, if not provided

TOILETRIES AND BEDTIME

- ☐ Toothbrushes and toothpaste
- ☐ Hairbrush and hair products
- ☐ Skincare and toiletries
- ☐ Prescription medicines
- ☐ Children's bedtime comfort items
- ☐ Chargers for every device
- ☐ Earplugs or sleep masks

HOTEL ESSENTIALS

- ☐ Hotel confirmation
- ☐ Breakfast booking details
- ☐ Swimming or activity reservations
- ☐ Evening entertainment information
- ☐ Clothes bag for dirty or wet laundry

PACKING FOR OLDER KIDS AND TEENS

- ☐ Their own refillable bottle
- ☐ Phone, if they carry one
- ☐ Portable charger
- ☐ Headphones for travelling
- ☐ Hoodie or extra layer
- ☐ Small spending-money budget

LAST-MINUTE CHECK BEFORE YOU GO:

- ☐ Everyone has used the toilet
- ☐ Everyone has eaten
- ☐ Water bottles are full
- ☐ Tickets are accessible
- ☐ Phones are charged
- ☐ Medicines are packed
- ☐ Car location is saved
- ☐ Children know the family meeting point

The one thing we always forget: _____

The first ride we're heading to: _____

Our must-do attraction: _____

CREATED BY THAT MUM TRAVEL LIFE
VISIT [THATMUMTRAVELLIFE.COM](https://thatmumtravellife.com) FOR TRIED-AND-TESTED FAMILY THEME PARK GUIDES, REVIEWS AND ITINERARIES.

