



Winter Sun Packing Checklist for Families

Ready for a winter sun getaway? From layers for cooler evenings to beachwear for sunny days, here's everything you need to pack.

Tick items off as you go!



Essential Documents

<input type="checkbox"/> Passport (with 6 months validity)	<input type="checkbox"/> Debit/credit card with no fees
<input type="checkbox"/> Flight tickets/confirmations	<input type="checkbox"/> Travel insurance documents
<input type="checkbox"/> Accommodation bookings	<input type="checkbox"/> Driving license (if renting a car)
<input type="checkbox"/> Printed addresses (handy for taxis)	

Clothing For The Family

<input type="checkbox"/> Shorts and T-shirts (one set per day)	<input type="checkbox"/> Underwear and socks
<input type="checkbox"/> Warm layer (sweatshirt or knit)	<input type="checkbox"/> Comfortable walking shoes
<input type="checkbox"/> Light jacket	<input type="checkbox"/> <u>Sandals or flip flops</u>
<input type="checkbox"/> Eveningwear (dresses or shirts)	<input type="checkbox"/> Sun hat or cap
<input type="checkbox"/> Swimwear x 2	<input type="checkbox"/> Sunglasses
<input type="checkbox"/> Jeans/trousers	<input type="checkbox"/> Pyjamas
<input type="checkbox"/> Jewellery	<input type="checkbox"/> Lightweight scarf

TOP TIP: Check the weather forecast before you travel and don't be afraid to add more warm layers. It's not worth being cold because you wish you were wearing shorts and t shirts!

For Babies and Toddlers

<input type="checkbox"/> <u>Lightweight travel stroller</u>	<input type="checkbox"/> Wipes
<input type="checkbox"/> <u>Baby carrier</u>	<input type="checkbox"/> Travel sized nappy cream
<input type="checkbox"/> Changing mat	<input type="checkbox"/> <u>Travel high chair</u>
<input type="checkbox"/> Nappies (3-4 days worth)	<input type="checkbox"/> Bottles and formula
<input type="checkbox"/> Favourite toy/comfort item	<input type="checkbox"/> Sippy cup and snacks
<input type="checkbox"/> Bedtime story book	<input type="checkbox"/> <u>Sticker/activity books</u>



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Toiletries and Personal Care

<input type="checkbox"/> Tooth brushes/tooth paste	<input type="checkbox"/> Hairbrush/comb
<input type="checkbox"/> <u>Lightweight beach towels</u>	<input type="checkbox"/> Hair ties
<input type="checkbox"/> Shampoo/conditioner	<input type="checkbox"/> <u>Lip balm</u>
<input type="checkbox"/> Body wash	<input type="checkbox"/> Hand sanitiser
<input type="checkbox"/> Deodorant	<input type="checkbox"/> After sun lotion
<input type="checkbox"/> <u>Sunscreen (at least SPF 30)</u>	<input type="checkbox"/> Make up and travel sized skincare

Tech and Electronics

<input type="checkbox"/> <u>Worldwide travel adaptor</u>
<input type="checkbox"/> Beach bag
<input type="checkbox"/> <u>Power bank</u> (highly recommend!)
<input type="checkbox"/> Phone and charger
<input type="checkbox"/> Camera and SD cards
<input type="checkbox"/> Noise cancelling headphones
<input type="checkbox"/> <u>Apple airtags for luggage</u>

<input type="checkbox"/> Tablet/switch/travel console
<input type="checkbox"/> <u>Pool floats</u>
<input type="checkbox"/> Travel games/card games
<input type="checkbox"/> Selfie Stick



Medicines and First Aid

<input type="checkbox"/> Paracetamol/ibuprofen (kids and adults)	<input type="checkbox"/> Thermometer
<input type="checkbox"/> Plasters and antiseptic wipes	<input type="checkbox"/> <u>First aid kit</u>
<input type="checkbox"/> Motion sickness tablets	<input type="checkbox"/> Medication (in original packaging)
<input type="checkbox"/> Antihistamines	<input type="checkbox"/> Imodium
<input type="checkbox"/> Rehydration sachets	<input type="checkbox"/> Cooling/heat pads

DON'T FORGET: click the links to shop my favourite family-friendly products, if you need any extras for your trip. It makes packing easier and helps support the blog at no extra cost to you!